

## Protection From Harmful Diseases?



## Immunizations Are the Answer

- 1. Immunizations protect against 10 harmful diseases:
  - ◆ Polio
  - ♦ Measles
  - ♦ Rubella

(German Measles)

- ♦ Chickenpox
- ♦ Mumps
- Pertussis

(Whopping Cough)

- ♦ Diphtheria
- ♦ Tetanus
- ♦ Hepatitis B
- Haemophilus Infections
- 2. Shots can hurt a little- but they are worth it-
  - ♥ Some people may have a low fever, and become sore, red, or swollen where the shots were given
  - Other problems are very rare-call your care provider if you:
    - ✓ Has a fever of 103° or more
    - ✓ Cries for more than 3 hours
    - ✓ Is hard to wake up
    - √ Has seizures
    - ✓ Becomes limp and pale
- 3. Most immunizations should be given at specific times- if any immunizations were missed- get them as soon as possible
- 4. Some shots must be given several times- make sure you get every dose and keep a record of your shots

